



Athlete
Development
Institute

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ADI STUDENT ATHLETE GUIDE & CODE OF CONDUCT

ADI presents a professional training environment for athletes of all ages. This professional approach will be demonstrated in all aspects of programming. Every athlete who participates in an ADI program will be expected to act in the same professional manner. Below is a Code of Conduct that we expect everyone (athletes, trainers, coaches, counselors, therapists, ADI staff and parents) at ADI to follow.

1. Respect other people and do not ridicule!
2. Respect property.
3. Clean up after yourself, including trash, clothing, etc.
4. Recycle whenever possible.
5. Be neat and clean in restrooms and changing areas.
6. No swearing.
7. No fighting.
8. The presence of alcoholic beverage is strictly prohibited.
9. The presence of illegal drugs or substances is strictly prohibited.
10. Do not steal from the facility or other athletes.
11. Respect the property outside of ADI and obey the established rules.
12. Be prompt to all sessions. Arriving 15 minutes early to any session is recommended, although traffic concerns are understood. If anyone is going to be late, please contact the office to notify us.
13. Parents/family are welcomed to remain within the facility during training sessions of their son or daughter, however, interference with the session is not permitted unless there is an emergency.

ADI STUDENT ATHLETE COMMITMENT

I understand that the purpose of the programming offered at ADI is to improve my capabilities in sports and academic achievement to assist in the advancement to my desired level of success. ADI professional staff will be providing me with valuable information and offering guidance to set and achieve goals, however it is my ability to listen, absorb, and follow directions offered and then practice on my own that will bring the desired results.

I (**print name**) _____ promise to arrive at sessions with a positive attitude, pay full attention to my ADI professional staff, respect those around me and the rules of the ADI facility, and devote time and effort to practice what I am taught at ADI at home, at school, at practice and in competition. I also agree to have a clear understanding with my parents about my goals and the path to achievement.

Student signature

Parent signature

Date